

Years 7 to 9: Friday, April 3

TASK 1: WELLBEING

Approx: 30 mins

It's All About You!

Note to Parents/Guardians:

Today's activity a reflection on strengths and the good things in life.

If your child requires counselling support, contact Kids HelpLine 1800 55 1800 <https://kidshelpline.com.au/>

Activity:

One way that you can stay strong is to recognise your strengths and the good things in your life:

Finish these sentences:

- I really like ...
- I am happy when ...
- I am good at ...
- Another thing I am good at is ...
- Something that I'm not good at now but am trying is ...
- Something that makes me smile is ...
- Something that makes me laugh is ...
- I help my friends when I ...
- I am a good friend when I ...
- I am a good person in a group when I ...
- I am proud of my ...
- I felt proud of myself when I ...
- One of my goals is ...
- Another one of my goals is ...
- Three things I am grateful or thankful for today are ...

Curriculum Links:

Personal and Social Capability – Self Awareness and Management – Development of Resilience

Years 7 and 8: Discuss the range of strategies that could be used to cope with difficult tasks or changing situations.

Year 9: Evaluate behaviours and protective factors that contribute to the development of confidence, adaptability and self-reflection.

TASK 4: INTERCULTURAL CAPABILITY

Approx: 60 mins

Can Your School Uniform Policy Be Against the Law?

Note to Parents/Guardians:

Kids News is a child-friendly news service for classrooms with a range of activities. This is a good daily activity, as the stories cover all curriculum areas. Students can listen to the story, if that suits their learning style or you would like to share it..

Today's focus is a case where a school's uniform policy could be classed a discriminating against a young boy's culture.

Activity:

Follow the link to the Kids News Story on the case of a young boy in Queensland whose parents believe that his school uniform policy is disrespectful of his culture.

<https://www.kidsnews.com.au/humanities/queensland-boys-culturally-traditional-hairstyle-banned-by-school/news-story/ca3d1780b5277b2949852b1313acef7e>

Complete the activities at the bottom of the news article.

**Curriculum Links:****Intercultural Capability – Cultural Diversity**

Years 7 and 8 Identify the challenges and benefits of living and working in a culturally diverse society.

Year 9: Identify and analyse the challenges and benefits of living and working in an interconnected and culturally diverse world.

BREAK: 30 minutes**TASK 3: MATHEMATICS**

Approx: 30 mins

Maths at Home**Note to Parents/Guardians:**

Today's activity encourages students to use real world examples for the maths that they are learning. If your child has completed other topics, or comes up with a great idea using another topic, adapt the activity to suit them.

Activity:

Think about how maths can help you at home.

Write 5 maths questions or problems using something that you do or have at home on the following topics:

Year 7: Fractions

Year 8: Percentages

Year 9: Probability

Don't forget to give the answers for every question or problem!

Curriculum Links**Mathematics**

Year 7: Fractions

Year 8: Percentages

Year 9: Statistics and Probability

TASK 4: ENGLISH

Approx: 60 mins

What Kind of Learner Are You?

Note to Parents/Guardians:

This English activity asks students to reflect on their best learning style and to create resources to suit visual, auditory, or print learners. This will help them to think about the different choices that need to be made when a text is created.

Activity

Think about what type of learner you are. What is the best way that you learn or remember information?

Do you remember things better from seeing, hearing or reading? (for eg. Do you prefer to use TV, radio/podcasts or books?).

Write down which one suits you best:

Seeing – Visual

OR

Hearing - Auditory

OR

Reading – Print

Answer these questions:

1. Why did you choose this group?
2. What are the advantages of being in this group?



What are the differences between each group and how did this affect the choices that you made when producing a resource for this group? Write a brief reflection on this.

Curriculum Links:

English Literacy – Creating texts

Year 7: Plan, draft and publish imaginative, informative and persuasive texts, selecting aspects of subject matter and particular language, visual, and audio features to convey information and ideas to a specific audience (VCELY387).

Year 8: Create imaginative, informative and persuasive texts that raise issues, report events and advance opinions, using deliberate language and textual choices, and including digital elements as appropriate (VCELY420).

Year 9: Create imaginative, informative and persuasive texts that present a point of view and advance or illustrate arguments, including texts that integrate visual, print and/or audio features (VCELY449).

LUNCH: 60 minutes

TASK 5: ENGLISH

Approx: 20 mins

Drop Everything and Read

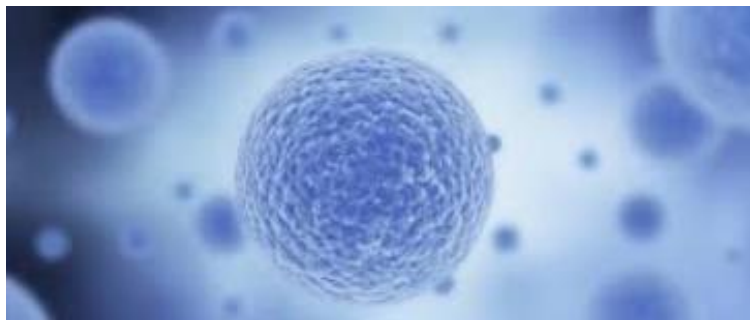
Note to Parents/Guardians: This is a daily activity where everyone stops what they are doing and reads for 20 minutes. It helps if you do this at the same time each day and join in yourself!

You will need:

A book or other material that the student wants to read and can spend at least 20 minutes reading it. It is important that it is something they are interested in and are motivated to read.

Activity:

Find a comfortable place and read for 20 minutes.

BREAK: 30 minutes**TASK 6: SCIENCE**

Approx: 60 mins

Biology**Note to Parents/Guardians:**

For Science, we will continue to use Science By Doing units of work. This resource is from the Australian Academy of Science and is aligned to the Australian Curriculum. It is free, but you or your child will need to register and log in.

Our focus is on the units of work related to biology and eco-systems. However, if your child has already covered this work, feel free to choose any of the others for their year group.

Some activities are written for pair or group work. Adapt these to asking your child to do the activity. If you can, discuss and share the activity with them.

It's important to remember that you can adapt the activity to suit your particular situation. This can be self-paced to suit their learning style and needs, but students could aim to complete 2 activities per day if that is possible for them.

Activity:

Keep investigating your topic on Science by Doing:

Locate the website on <https://www.sciencebydoing.edu.au/>

Log in.

If you have already completed this unit, do the next one. Complete the same number of activities.

Year 7:

Keep investigating the circle of life. Download the activities and use the Student notebook and the Student Digital Resources as you need to.

<https://www.sciencebydoing.edu.au/student/circle-of-life>

Complete Activity 2.4.

Extension: Complete Activity 2.5

Year 8:

Keep investigating cells. Download the activities and use the Student notebook and the Student Digital Resources as you need to.

<https://www.sciencebydoing.edu.au/student/from-little-things>

Complete Activity 2.4

Extension: Complete Activity 2.5.

Year 9:

Keep investigating ecosystems. Download the activities and use the Student notebook and the Student Digital Resources as you need to.

<https://www.sciencebydoing.edu.au/student/ecosystems-and-change>

Complete Activity 2.4

Extension: Complete Activity 2.5.

Curriculum Links:

Science – Biological Sciences

Year 7: There are differences within and between groups of organisms; classification helps organise this diversity.

Year 8: Cells are the basic units of living things and have specialised structures and functions.

Year 9: Multicellular organisms rely on coordinated and interdependent internal systems to respond to changes to their environment.

SUGGESTED LUNCHTIME ACTIVITIES

- Find a meditation or mindfulness activity, Smiling Mind is an app that you could use
- Call a friend.
- Get outside! Have a walk or run.

ADVICE FOR PARENTS/GUARDIANS REGARDING YOUTUBE LINKS

While YouTube offers some excellent learning resources and we offer suggested links in this material, Kids News cannot guarantee the type of advertisements that will pop up while you are watching these clips.

Please only allow your child to watch the suggested clips with supervision so that you can prevent them seeing the advertisements that are not age appropriate.

NOTE FOR PARENTS/GUARDIANS

These free activities are written by qualified, practising teachers in accordance with/with reference to the Australian National Curriculum 2020 and are intended to be used as a guide for parents.



TODAY'S STORIES

- 1. Seven spectacular new spiders discovered**
- 2. Mark Knight: Breaking social distancing rules is lunacy**